

ARE YOU A VETERAN, SERVICE MEMBER, FIRST RESPONDER, HEALTHCARE WORKER OR A PARTNER OF SOMEONE WHO IS?

ARE YOU IN A ROMANTIC RELATIONSHIP?

DO YOU OR YOUR PARTNER HAVE SYMPTOMS OF PTSD?



You may be eligible to participate in a research study testing an **online, self-help, couple intervention** designed to improve PTSD, intimate relationships, and the health and well-being of both partners: **Couple HOPES** (*Helping Overcome PTSD and Enhance Satisfaction*).

WE ARE LOOKING FOR COUPLES WHO:

1. Have at least one member of the couple who is a service member, veteran, first responder, or healthcare worker with significant symptoms of PTSD.
2. Both members of the couple must be willing to do intervention modules together.
3. The couple must have a computer and access to high-speed Internet.
4. Both members of the couple must be willing to have brief phone calls with a “coach” to help them use the online program.
5. Both members of the couple must be willing to complete questionnaires about their emotions, thoughts, and behaviours.

Each participant will be paid up to \$52.50 in the form of seven separate \$7.50 online gift cards for their participation in assessments of Couple HOPES.

Interested participants should visit WWW.COUPLEHOPES.COM to learn more about the intervention and to complete eligibility screening.

The Principal Researchers for this study are Dr. Candice Monson (Ryerson University), Dr. Skye Fitzpatrick (York University), and Dr. Anne Wagner (Ryerson University).

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